

TOURS AND EXCURSIONS GUIDE

2024

CARNIVAL SOUFRIERE ADVENTURE

Set sail down the breath-taking west coast passing quaint fishing villages along the way and taking in the picturesque views as we make our way to Soufriere, home to the majestic Pitons. Once we reach Soufriere you will be shuttled to the Sulphur Springs where you will have the choice of touring the world's famous drive-in volcano or experience the mud baths, they are rumoured to leave you looking ten years younger. Then on to Toraille Waterfall to take a refreshing dip under the cascading fresh waters before you are transported back to the catamaran where a sumptuous meal is served buffet style. We head to a swimming and snorkeling location for you to explore the underwater flora and fauna and colorful sea life all around you. Now the rum punch is flowing as we pass through Marigot Bay before dancing our way back to dock.

MON	TUE	WED	THU	FRI	SAT	SUN
✓	✓	✓	✓	✓	✓	



9:00 AM TO 3:30 PM



CARNIVAL LAND AND SEA

This guided historical tour features the “best of both worlds” driving through the island’s interior with unimaginable picture postcard views and sailing up the scenic coastline on your return by catamaran.

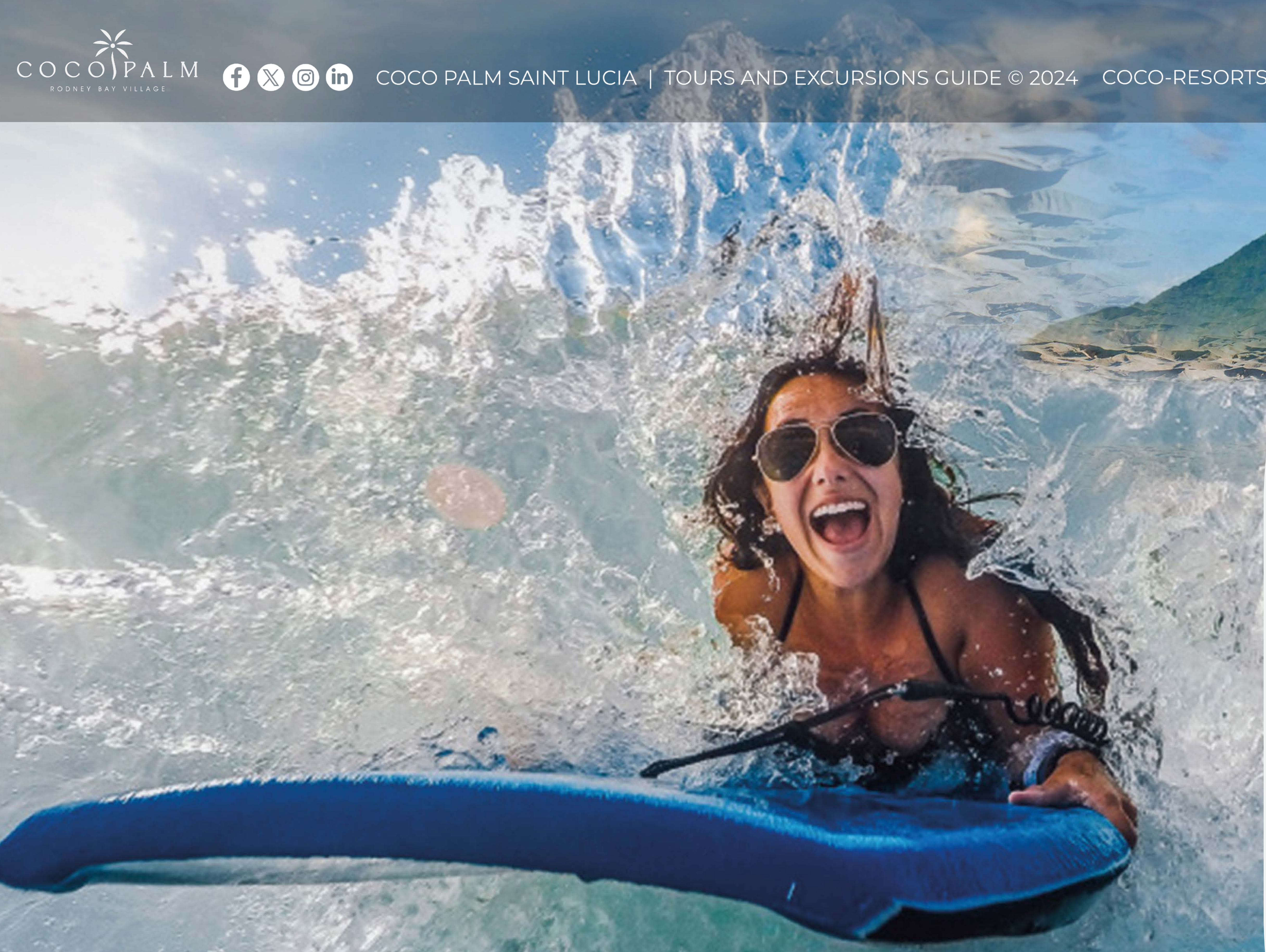
We begin with breathtaking views of the Morne & Marigot Bay, Marigot is a haven for mega yachts also, the location for many block buster movies such as Dr. Doolittle, Superman just to name a few. We then drive along the Roseau Banana Plantations and pass through two local quaint fishing villages, Anse la Raye & Canaries. You’re welcomed by the majestic Pitons as you arrive at Soufriere, with a choice to visit the world’s famous drive-in volcano tour or rejuvenate in the therapeutic dark mineral pools of the mud bath. We will then make our way to the refreshing Toraille Waterfall for a cooling dip under the cascading waters, then we head to the catamaran to enjoy a sumptuous lunch served buffet style. After lunch, we sail to a secluded bay for swimming and snorkeling and exploring the coral reefs before we sail through the beautiful Marigot Bay and enjoy some on board fun before we return to dock.

MON	TUE	WED	THU	FRI	SAT	SUN
		✓		✓		



9:00 AM TO 3:30 PM





CARNIVAL THE EXPLORER

We start our adventure with a light breakfast on board as we make our way down the rugged west coast line exploring coves and reefs, making our way to the Anse Chastanet resort snorkeling area, one of the most beautiful reefs in St Lucia which boasts a breath taking coral garden and array of colorful marine life; Spend our day exploring different coves and snorkeling areas before we make our way to a beach location, where our on board chef will prepare lunch fresh from the grill and also the catch of the day. You can also enjoy stand up paddle boarding and some water flotation devices for the adventurous ones. You are guaranteed to enjoy your day on the water to the maximum.

MON	TUE	WED	THU	FRI	SAT	SUN
			✓			



9:30 AM TO 3:30 PM



CARNIVAL BEAN TO BAR

Starting with a catamaran sail to Soufriere, the Bean to Bar journey takes you through the lush scenery at Project Chocolate. A tutorial on the Seederie and tour of the Rainforest, before you experience crafting your own chocolate bar using Estate grown cocoa. You will really go from the Cocoa bean nibs to your own Chocolate Bar. Following this you will have lunch at the sumptuous Hotel Chocolat's "Market Place" dinery with its unique cuisine, where every item on the menu incorporates a hint of coca. After your day you will be ready to relax in the therapeutic Mud Baths and enjoy swimming and snorkeling between the iconic twin peaks. On our return we will pass through Marigot Bay and experience a beautiful Lucian Style Sunset and keep your fingers crossed for the Green Flash.

MON	TUE	WED	THU	FRI	SAT	SUN
		✓		✓		



9:00 AM TO 7:00 PM



CARNIVAL PITON SUNSET

Cruise to the Magical Bay of Sugar Beach. Nestled between the iconic Pitons, and enjoy your time swimming and snorkeling over the amazing protected reef and coral garden as you look up between the twin peaks and admire the beauty. Then its time for hors d' oeuvres and Cocktails at the bar as you listen or dance to some great foot moving tunes. As the sun dips into the horizon, witness a spectacular sunset as you look out for the Green Flash. Sail into Marigot bay which is noted to be one of the most beautiful bays in the Caribbean.

MON	TUE	WED	THU	FRI	SAT	SUN
✓		✓		✓		



2:00 PM TO 7:00 PM



TGIC PARTY SUNSET CRUISE

Sailing along the beautiful west coast of St. Lucia dancing to the rhythms of our local Carnival and learn to dance “Lucian” style, al fresco with our resident DJ. Enjoy Caribbean hors d’oeuvres and indulge in a bar serving margaritas, rum punch, draft, beer and champagne. St. Lucian sunsets are exceptional. if you are lucky, you might just see the magnificent green flash as the sun dips below the horizon.

MON	TUE	WED	THU	FRI	SAT	SUN
		✓		✓		



5:00 PM TO 7:00 PM



ROMANTIC SUNSET CRUISE

Sail off into the sunset, literally, on this romantic cruise that features stunning views of the sun dipping into the sea and lighting up the horizon in a whole spectrum of red, pink and orange shades. Savour delectable appetizers on deck and enjoy a full bar inclusive of wine and champagne. Watch the sea become ablaze with fiery color... Or simply steal away, find a quiet spot where you can be alone together, and remember why you fell in love in the first place.

MON	TUE	WED	THU	FRI	SAT	SUN
					✓	



5:00 PM TO 7:00 PM



CARNIVAL LUXURY

Designed with a focus on outdoor relaxation and entertaining, complemented by a spacious luxury interior and deck, only outdone by the service of her captain, first mate/ snorkel guide and of course, the freshly prepared cuisine of her chef!

PRIVATE CHARTERS

Select your own time of charter, hourly bare boat rental with captain and crew & a complimentary pick up and drop off. Select your desired Lunch or Dinner Menu along with your level of Beverage Package in a comfortable air-conditioned saloon with kitchen and table setting and or a covered back deck with table setting. Enjoy a spacious foredeck with seats, sun beds, lounge nets and bean bags. Swim and snorkel at the island's best locations with complimentary underwater photos. Let's not forget the tech savvy, FREE Wi-Fi onboard.

(MIN. 2PAX & MAX. 30PAX)



JAG SOUFRIERE REVELATION WITH MUD BATHS

The tour will travel southward through the banana plantations, the fishing villages, the rainforest and rich tropical island vegetation. Our knowledgeable guide will inform you of the island's history and the sights as you pass by. A short stop at the viewing point of Marigot Bay is quite in order before the drive to Soufriere. Once in Soufriere, see the majestic Pitons with our first stop at the Sulphur Springs - the Drive-In-Volcano. Feel rejuvenated after a bath in the rich black mineral water of the mud baths heated by the volcano itself! Our second stop is at the delightful Toraille Waterfall, a quaint cold water waterfall in a tropical garden setting. Our next stop is for a delicious buffet lunch prepared with fresh local ingredients at a restaurant nestled in island greenery and colourful flowers in Soufriere before the pleasant return trip to your hotel.

MON	TUE	WED	THU	FRI	SAT	SUN
✓			✓		✓	



7:40 AM TO 5:00 PM

Pick Up at Hotel



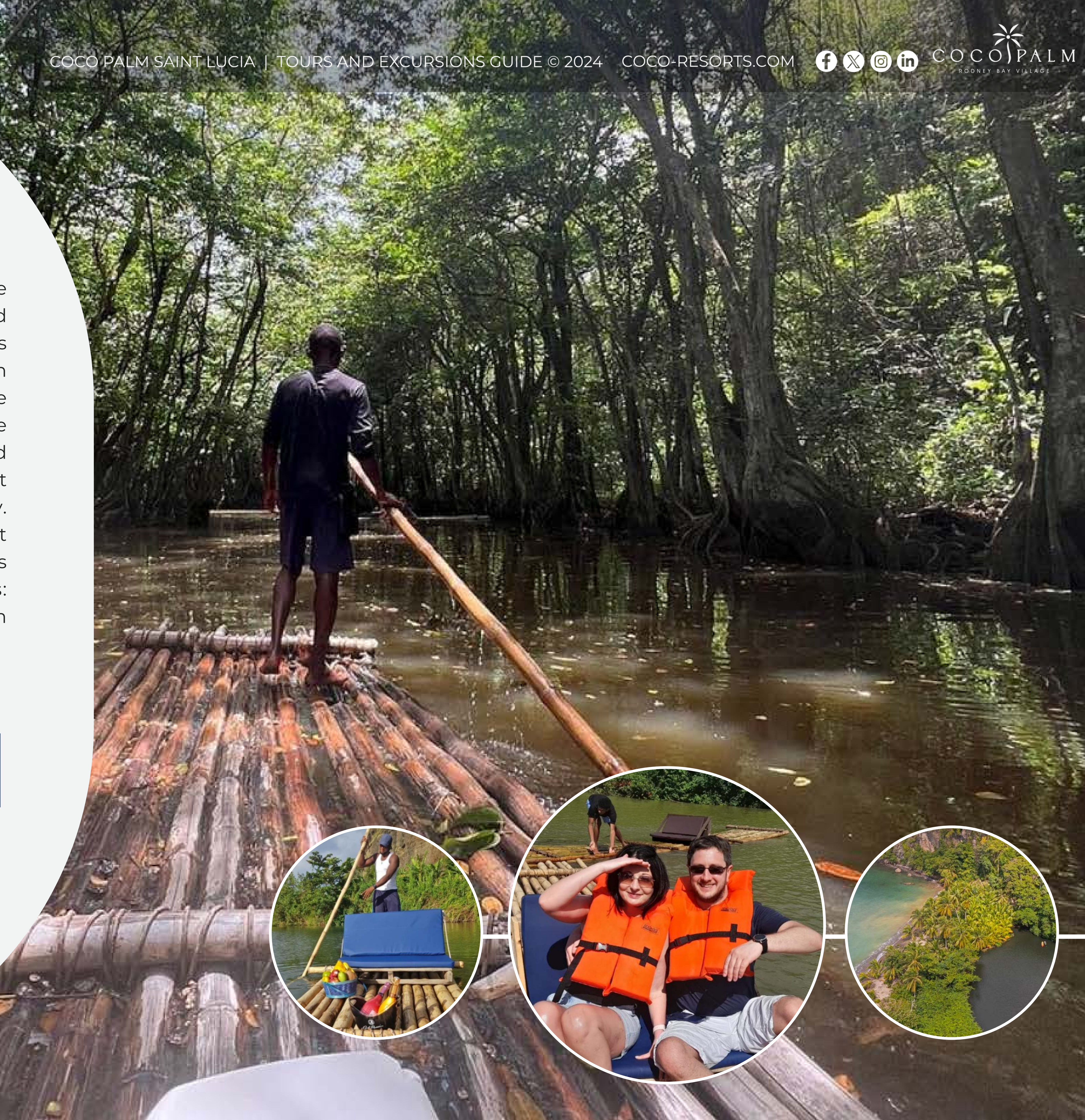
DELUXE ST. LUCIA BAMBOO RAFTING EXPERIENCE

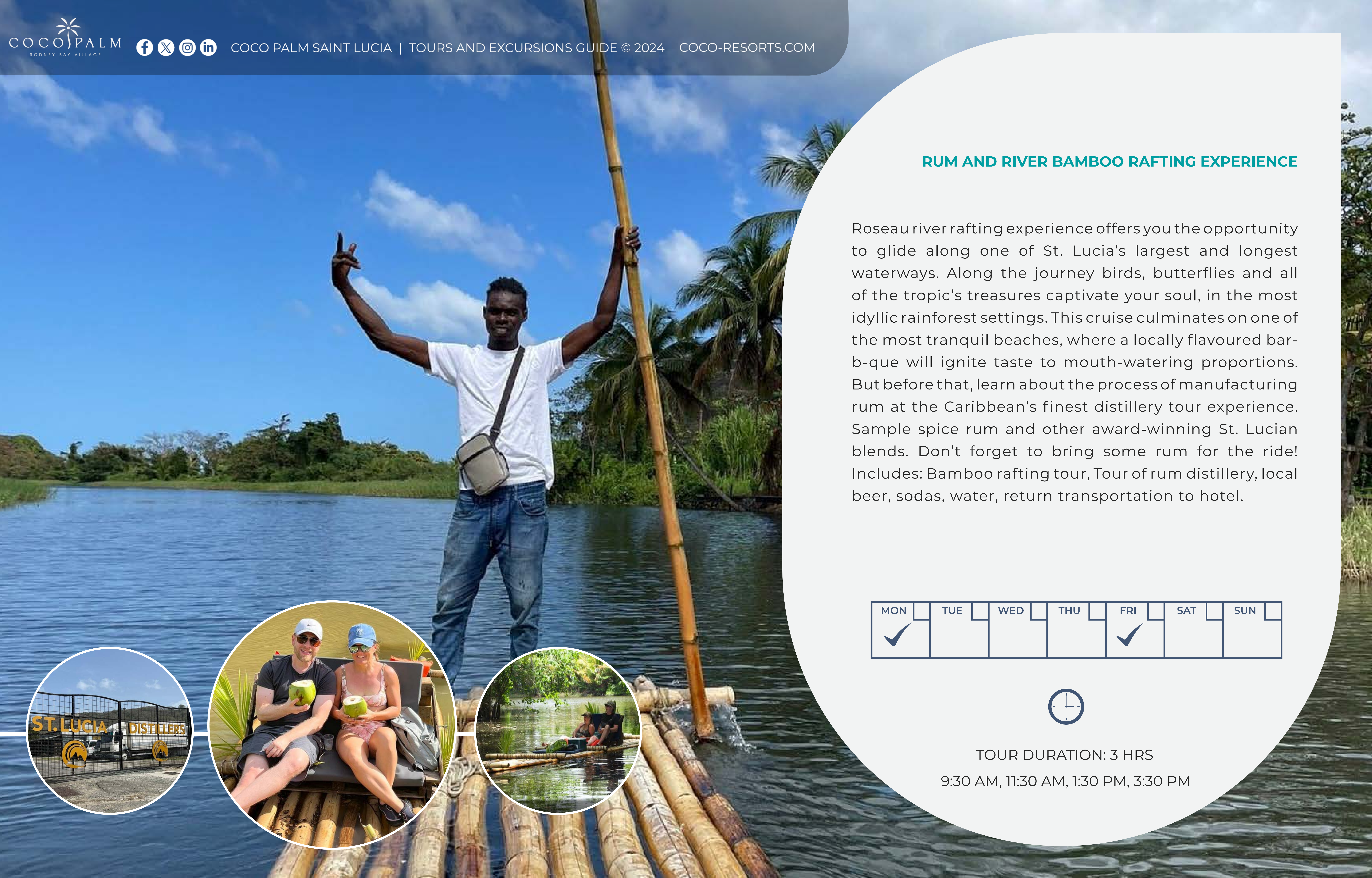
Roseau river rafting experience offers guests the opportunity to glide along one of St. Lucia's largest and longest waterways. Along the journey birds, butterflies and all of the tropic's treasures captivate your soul, in the most idyllic rainforest setting. Your personal guide will lavish you with the unique and rich history of the overflow of the islands main water catchment. Fruits and vegetables decorate the farms along the river bank but the mangroves will mesmerize with its state of divinity. You could sample fresh fruit from sugar cane to coconut water during the ride, or even a creole bread from Carl's special homemade recipe on the river bank. Includes: local beer, sodas, water and return transportation from your cruise ship or hotel.

MON	TUE	WED	THU	FRI	SAT	SUN
✓				✓		



TOUR DURATION: 2 HRS
9:30 AM, 11:30 AM, 1:30 PM, 3:30 PM





RUM AND RIVER BAMBOO RAFTING EXPERIENCE

Roseau river rafting experience offers you the opportunity to glide along one of St. Lucia's largest and longest waterways. Along the journey birds, butterflies and all of the tropic's treasures captivate your soul, in the most idyllic rainforest settings. This cruise culminates on one of the most tranquil beaches, where a locally flavoured bar-b-que will ignite taste to mouth-watering proportions. But before that, learn about the process of manufacturing rum at the Caribbean's finest distillery tour experience. Sample spice rum and other award-winning St. Lucian blends. Don't forget to bring some rum for the ride! Includes: Bamboo rafting tour, Tour of rum distillery, local beer, sodas, water, return transportation to hotel.

MON	TUE	WED	THU	FRI	SAT	SUN
✓				✓		



TOUR DURATION: 3 HRS

9:30 AM, 11:30 AM, 1:30 PM, 3:30 PM



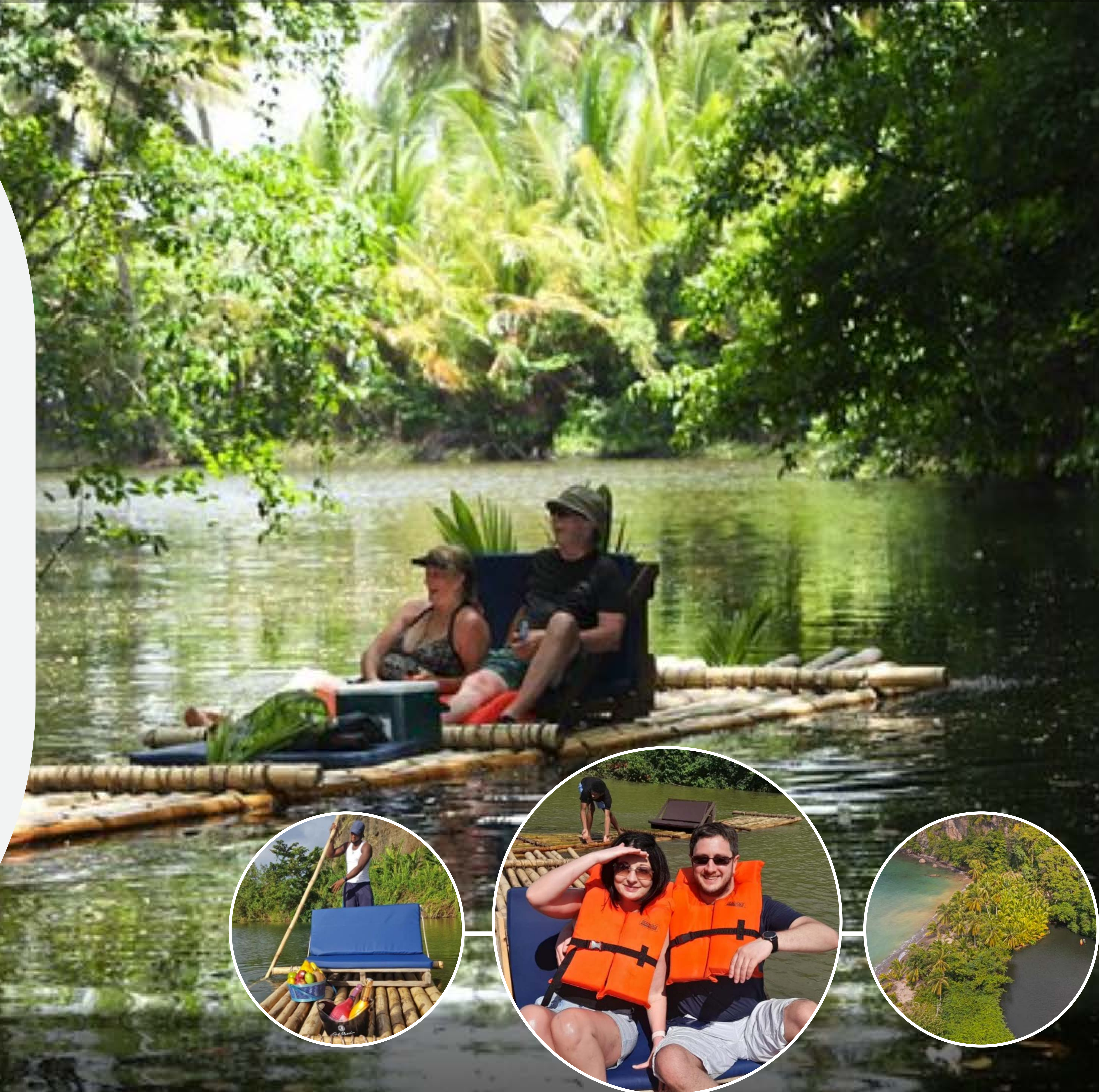
DELUXE ST. LUCIA BAMBOO RAFTING EXPERIENCE

Palm trees sway in the flourish of the North East trade winds, while the chorus of birds and butterflies are within earshot. Glide along one of St. Lucia's main waterways and cheers to prosecco, specially selected wines or champagne. Lunch on board while together, you take in the share beauty of the Roseau River coasting for two miles to the Caribbean Sea. Then Segway to the sheer seclusion of a simply sublime mangrove cluster. Observe the tide's flap on the coastline and fishermen from a nearby fishing village clear nets from the day's catch. This bountiful mecca of St. Lucia's plant species, is where local peasant farmers collaboratively create one of St. Lucia's largest bread baskets. Includes: champagne, wines, lunch on board, sodas, beer, return transportation to cruise ship or hotel.

MON	TUE	WED	THU	FRI	SAT	SUN
✓				✓		



TOUR DURATION: 3 HRS
9:30 AM, 11:30 AM, 1:30 PM, 3:30 PM





GROS PITON TOURS

Towering nearly 3000 feet above sea level, the majestic peak of Gros Piton, along with its twin peak Petit Piton commands the western coast of St. Lucia. The tour starts from the resort on an air-conditioned bus. The approximate 1 hour 20 minute journey to Gros Piton travels through banana plantations, lush vegetation and quaint fishing villages and passing through the town of Soufriere. Then head on to your Gros Piton hike where tour guides are just bursting with excitement to take you on the hike of a lifetime.

Indeed viewing them is an astounding sight, climbing is beyond amazing. A memorable day indeed! Includes: transfers, entrance fees, guided hike, local fruit juice & lunch.

MON	TUE	WED	THU	FRI	SAT	SUN
✓		✓		✓		



PICK UP TIME 6:35AM - RETURN 4:00PM
OPTION OF PRIVATE OR WITH A GROUP



ISLAND BUGGIES - NORTH TOUR

Jump in a 2-seater or 4-seater buggy and drive yourself on a guided tour. Roar through Cap Estate, the “Beverly Hills of St. Lucia”, to the spectacular Point Hardy, which offers breathtaking views of the Atlantic coastline. Bounce down to Cas-en-Bas and see the kite-surfers and then trek along back-roads past the Cricket Stadium into the community of Monchy. Power your way to Morne Citron which offers magnificent panoramic views from coast to coast. Wind down scenic country roads and catch a glimpse of the local way of life as you head back to base.

ISLAND BUGGIES – DRIVE & FLY

Drive a buggy across island to the east coast village of Dennery, taking in the amazing views along the way. Turn inland and drive into the rainforest to ride the highest, longest and fastest zip lines in St. Lucia at the Treetop Adventure Park.

MON	TUE	WED	THU	FRI	SAT	SUN
✓	✓	✓	✓	✓	✓	



PICK UP AT THE HOTEL





AANANSI ATV TOURS – SINGLE & DOUBLE BIKES


Welcome to the ultimate St. Lucian ATV experience!! Witness the stunning vistas, glimpses of country life in action. Ride through farms and plantations; revel in the scenery of the lush mountainside views. Also, experience a peak back in time as you go past a water wheel, the ruin of an old plantation, and to top this off a majestic view of the Atlantic shore at Grande Anse – tropical paradise at your feet.

MON	TUE	WED	THU	FRI	SAT	SUN
✓	✓	✓	✓	✓	✓	




2 RIDES | 9:00 AM & 1:00 PM

SEGWAY EXPERIENCES



 4 RIDES
 9:00 AM, 11:00 AM
 2:00 PM & 4:00 PM

MOUNT PIMARD NATURE TRAIL

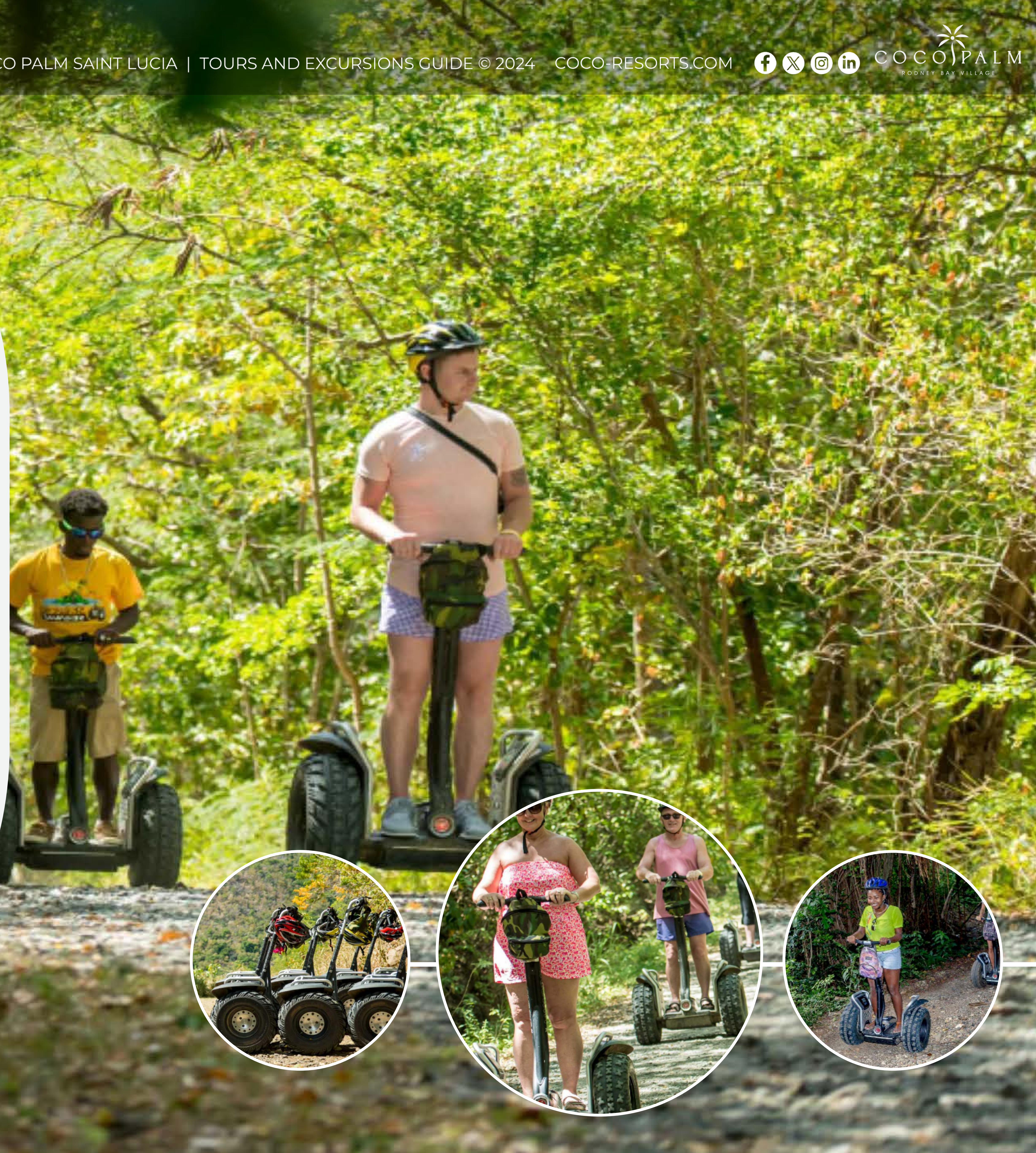

 2 RIDES
 12:00 PM, 3:00 PM

Head off to explore the historical wonders of Mount Pimard right in the heart of Rodney Bay whilst gliding along the two mile long, well-groomed trail system. The fun and informative guides will talk about everything from the beautiful flowers and butterflies to the battles between the English and French for Fair Helen of The West. There are many beautiful photo spots and educational stops along the way such as the now sealed bunkers that once served as tunnels, storage and lookouts for the American Military during World War 2.

SUNSET SEGWAY INCLUDES DINNER ON THE BEACH


 1 RIDE
 4:00 PM

MON	TUE	WED	THU	FRI	SAT	SUN
✓	✓	✓	✓	✓	✓	✓





HORSEBACK RIDING

Go riding with the company of your camera & guide. You will definitely want to capture the breath taking scenery of the island's Atlantic Coastline. Enjoy 1 Hour Ride, or 2 Hour Ride which allows you to take the horses into the water. There is also an option for a Bar-B-Q Beach Picnic which serves lunch and allows you to take the horses into the water.

MON	TUE	WED	THU	FRI	SAT	SUN
✓	✓	✓	✓	✓	✓	✓



8:15 AM, 9:45 AM, 1:45 PM & 3:15 PM



TREETOP CANOPY (ZIP LINE)

Take a 45mins drive to the East Coast up to the Dennery Fishing Village. Pass through the bountiful banana plantations, and Rain Forest then experience an exhilarating 2000 feet flight through St. Lucia's exotic Rainforest Canopy. Scream and enjoy the thrill of 12 zip lines including the Island's longest and highest, each one designed for maximum thrill and exposure to the best views, extending up to 800 ft. between platforms and reaching heights up to 1500 ft. above the forest floor. – Enjoy the ride!

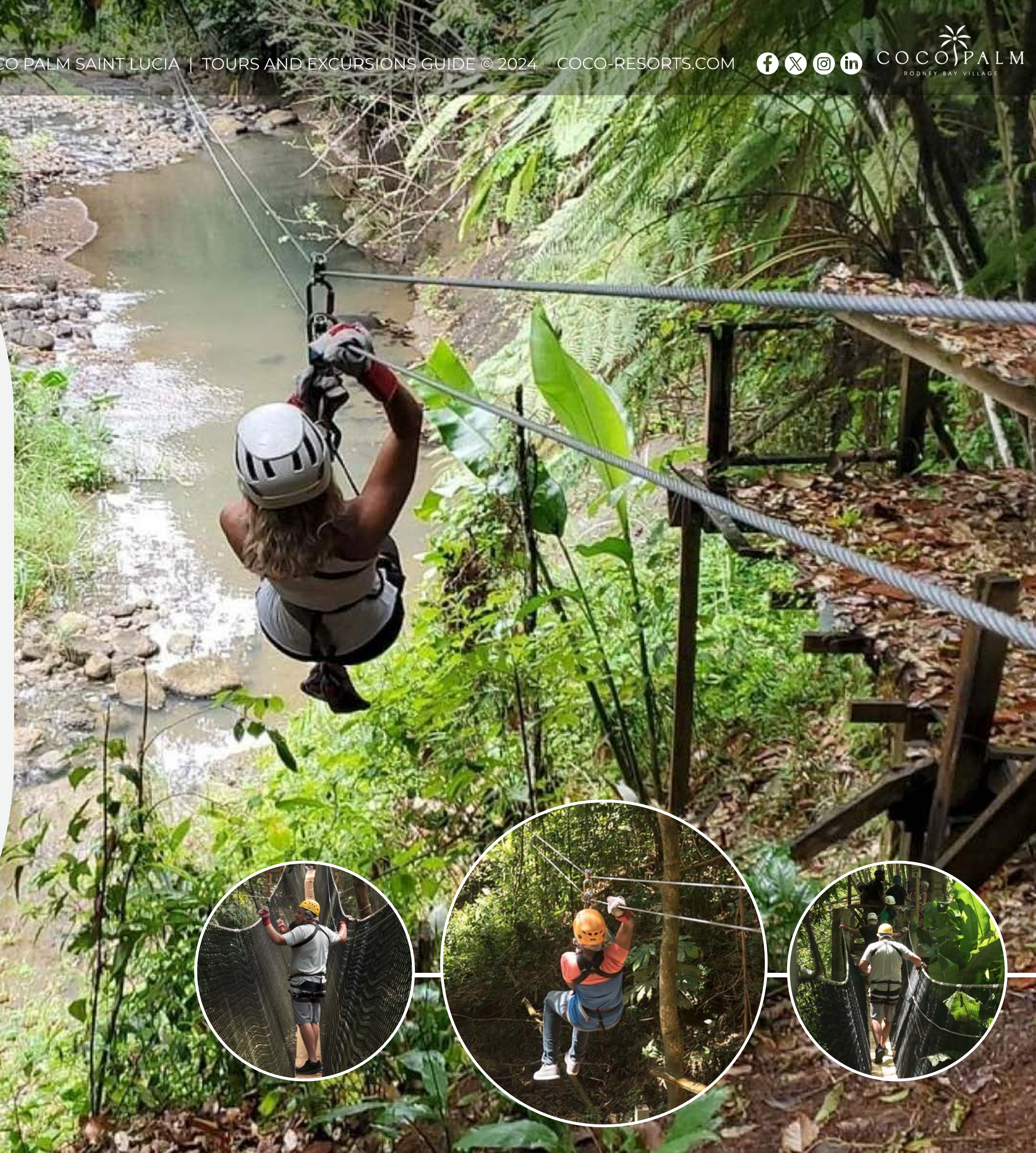
BRING ALONG

Comfortable clothing, camera, and cash (optional)

MON	TUE	WED	THU	FRI	SAT	SUN
✓	✓	✓	✓	✓	✓	



PICK UP AT THE HOTEL
10:10 AM



TRIPLE ADVENTURE

Hop aboard an open-top jeep for a guided tour down the rugged, windswept east coast and into the lush, tropical rainforest at the center of the island. Your destination is Treetop Adventure Park, home of St. Lucia's world-class zip line. Treetop Adventure Park's 12 zip lines include the island's longest and highest, each one designed for maximum thrill and exposure to the best views. Zipping through the treetops in the heart of the rainforest delivers a rush that would leave even Tarzan breathless. At the end of the ride, take a refreshment break in the Welcome Center and enjoy complimentary juice and bottled water. Then set out on a short hike and get a rare look at Errard Waterfall – St. Lucia's highest accessible waterfall and arguably its most spectacular. A dip in the pool at the base of the waterfall will leave you feeling invigorated.

Make sure to bring your camera because the photo opportunities are endless. You will have a new appreciation for the beauty of the island on your jeep ride back to your hotel.

MON	TUE	WED	THU	FRI	SAT	SUN
✓		✓		✓		



TOUR DURATION: 4 HRS
PICK UP AT THE HOTEL
10:10 AM & 2:30 PM




RAINFOREST CYCLING ADVENTURE

 PICK UP 7:40 AM


Cycles through our unique forest trails and witness up close the beauty of the rainforest with its lush vegetation and interesting wildlife.

RAIN FOREST AREIAL TRAM

 PICK UP 9:25 AM
TOUR DURATION: 3.5 HRS

Open air gondolas, with naturalist guide provide the one and only access to the upper layers of the rainforest. Ascending through the middle layer of the rain forest enjoy the fauna and flora. Descending you experience the panoramic views of the northern tip of the island while viewing the top of the rainforest canopy.

RAINFOREST ADVENTURES ULTIMATE 3

 PICK UP 8:25 AM
TOUR DURATION: 5 HRS

This tour includes tram, canopy, zip line and hike. In the cool, magical rainforest soar to great heights, glide among stoic tree trunks, and trek under the verdant canopy. Find the intrepid adventurer within on our Rain forest Tranopy tour.

BASED ON AVAILABILITY



BIRD WATCHING

PICK UP 5:30 AM
TOUR DURATION: 4.5 HRS



St. Lucia is home to several endemic species and some of the region's most intriguing birdlife; Castries Waterworks forest reserve is a favored environment for many of them. The bird watching hike designed to engage everyone from the serious birder to the casual enthusiast. The tour sets off just after sunrise too ensure the best sightings.

JACQUOT TRAIL

PICK UP 7:40 AM
TOUR DURATION: 3.5 TO 4 HRS



Experience the transformative power of nature. Hike in the heart of the rainforest amidst the mighty chatannier and the fragrant gommier, listen for the calls of the parrot, and enjoying the bustling stillness of nature.

TOUR INCLUDES CONTINENTAL BREAKFAST.



WHALE & DOLPHIN WATCHING

 TOUR DURATION: 3 HRS

Possibility of viewing humpback, sperm, and pilot whales along with spotted and spinner dolphins to name a few.

Noteworthy 85% chance of sighting.

DEEP SEA FISHING

 TOUR DURATION: 3 HR

Sport fishing is an exciting way to spend a half day at sea and St. Lucia offers the best fishing in the Caribbean. The captain and crew are well versed in the ways of the sea, so don't worry if you are a beginner: we have experts on hand to teach you. Your catch for the day may include marlin, Sailfish, mackerel, Barracuda, Tuna and Dorado.

BRING ALONG

Camera

BASED ON AVAILABILITY





BOTTOM FISHING

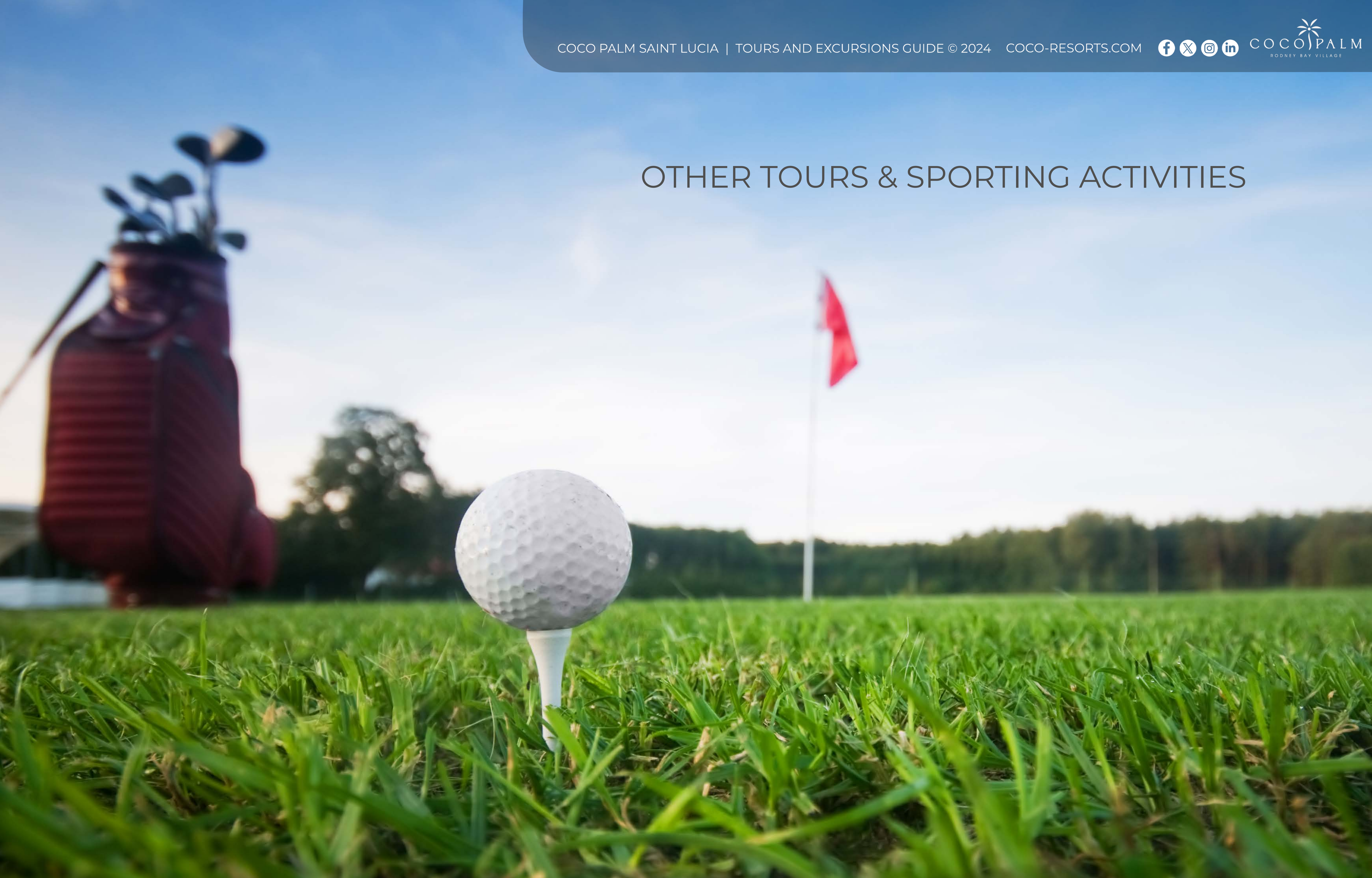
TOUR DURATION: 4 HRS 

The boat remains relatively close to shore. The tour is very interactive, and because of calmer sea conditions you are able to hold onto your rod and bait it yourself if you want to. Also with the use of smaller equipment this tour is perfect for women and children thus making it a very good family outing. The fish species targeted are not as large as those in Sports Fishing however because smaller equipment is used it is just as much a challenge and just as much fun.

TOUR INCLUDES CONTINENTAL BREAKFAST.



OTHER TOURS & SPORTING ACTIVITIES





GOLF

Please contact the Concierge Desk for assistance.

HELICOPTER TOURS

Explore the mystical secret sights St. Lucia offers only to those who fly by helicopter.

You'll never forget this adventure. See below for choices:

- North Island Tour
- South Island Tour
- Island Tour
- West Coast Shuttle
- Direct Shuttle

Children under 2 are free provided they sit on an adult's lap.

PRIVATE BOAT CHARTERS

Please contact the Concierge Desk for assistance

FLAVOURS OF ST LUCIA

Gain hands-on culinary experience cooking authentic Saint Lucian food & then dine on your own creations! Get in on the action under the guidance of an expert island chef. Take your skills home & eat like a Lucian when desired. Join the fun.

WATERSPORTS

SCUBA DIVING

Discover Diving, Dive Packages, Dive Certification

SNORKELLING

PARASAILAING

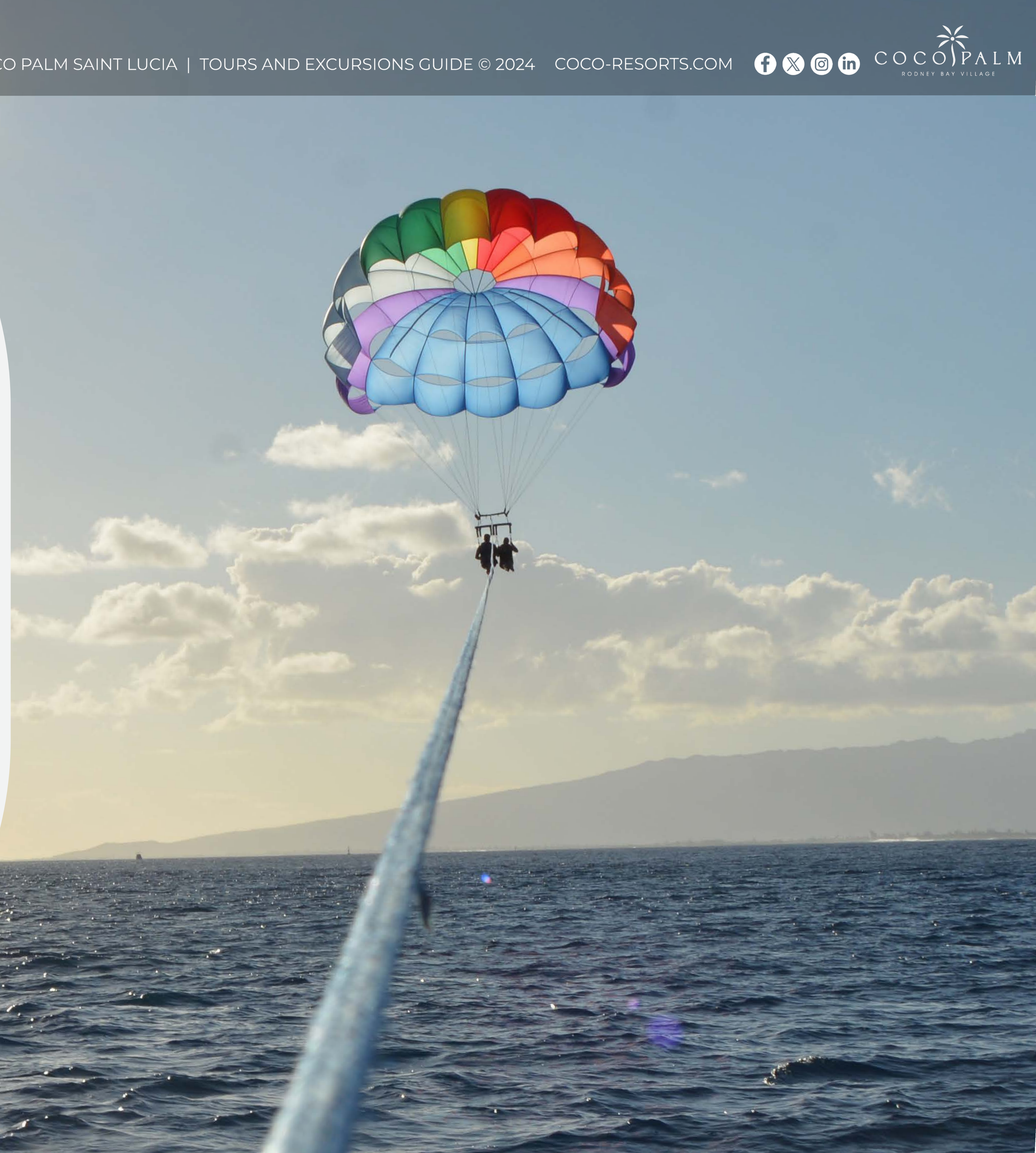
JET SKIS

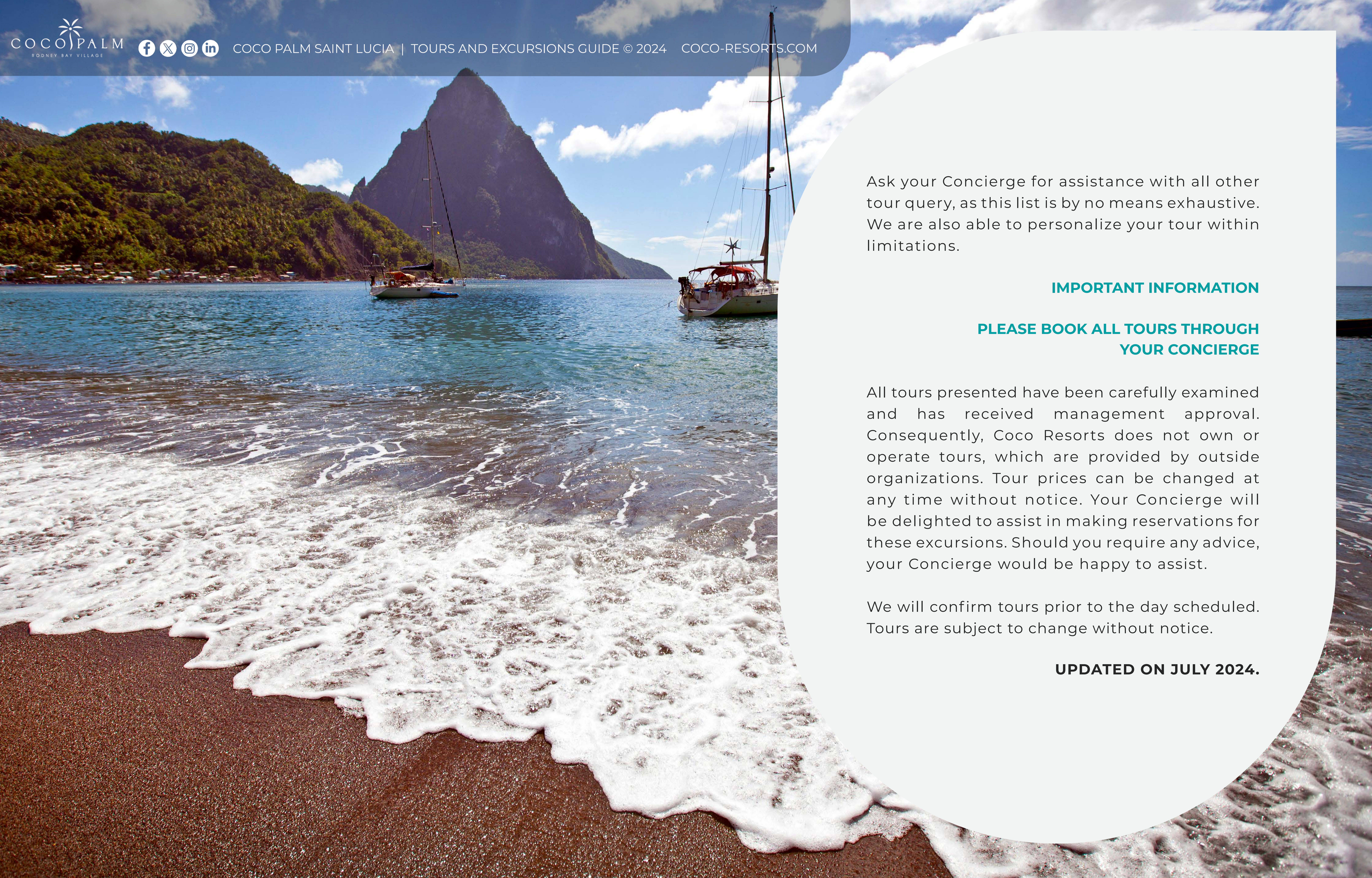
WATER PARK

Biking, beach hopping – Possibilities are many!

SPECIALIZED TOURS

Example: Visit The Mangroves, discover waterfall in the interior of the rain forest, tour the historical East Coast, or find the thirteenth rarest bird in the world – Please enquire.





Ask your Concierge for assistance with all other tour query, as this list is by no means exhaustive. We are also able to personalize your tour within limitations.

IMPORTANT INFORMATION

PLEASE BOOK ALL TOURS THROUGH YOUR CONCIERGE

All tours presented have been carefully examined and has received management approval. Consequently, Coco Resorts does not own or operate tours, which are provided by outside organizations. Tour prices can be changed at any time without notice. Your Concierge will be delighted to assist in making reservations for these excursions. Should you require any advice, your Concierge would be happy to assist.

We will confirm tours prior to the day scheduled. Tours are subject to change without notice.

UPDATED ON JULY 2024.